



**VAISHNAVI**

Group of Institutions, Bhopal

B. TECH. | M. TECH. | D. PHARM. | B. PHARM. | MBA | SCHOOL

# THE VAISHNAVI TIMES

MAY

2026



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Bhojpur Road,  
Bhopal



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## EDITORIAL

This edition of the newsletter reflects the vibrant academic and cultural spirit of Vaishnavi Group of Institutions, Bhopal. Throughout the session, our institution has continued to promote excellence in education, innovation, and holistic development, creating opportunities for students to grow both professionally and personally.

The academic session witnessed active participation of students in technical events, workshops, seminars, project exhibitions, and various skill-development activities. These initiatives have provided valuable learning experiences and encouraged students to apply their knowledge beyond the classroom.

A major highlight of this year was Vaishnotsav 2K26, which brought together talent, creativity, and enthusiasm through a series of cultural and technical events. The festival showcased the remarkable abilities of our students and strengthened the spirit of teamwork, leadership, and collaboration.

Our students have continued to make us proud through their achievements in academics, innovation, sports, and extracurricular activities. The dedication of our faculty members and the commitment of our students remain the driving force behind the institution's continued progress.

As we move forward, we remain committed to nurturing future-ready professionals equipped with knowledge, skills, values, and a sense of social responsibility. We hope this newsletter serves as a reflection of the achievements and memorable moments that define our journey toward excellence.

- Editorial Team

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## Interactive Personality Development Session

The Department of MBA, Vaishnavi Group of institution, Bhopal, organized an Interactive Personality Development Session for MBA students. The session was conducted by Prof. Ritu Rajput, who shared valuable insights on personality enhancement, communication skills, and professional behavior. Through interactive discussions and practical examples, students learned the importance of self-confidence, positive attitude, effective communication, and leadership skills. The session encouraged active participation from students, making it both informative and engaging. Students enthusiastically interacted and gained useful tips for their personal and professional development. The Department of MBA expresses its gratitude to Prof. Ritu Rajput for conducting this enriching session and motivating students towards continuous self-improvement and career success.



## The Next Big Leap in Type 1 Diabetes Care: Smart Insulin



**MS. SWEETY VISHWAKARMA**  
Assistant Professor  
Vaishnavi Institute of Pharmacy



"Imagine living with a condition where every meal, every activity, and every moment requires careful balancing to avoid a life-threatening episode. For millions living with type 1 diabetes, this is a daily reality. But what if insulin could manage your blood sugar levels for you?"

The Guardian today reports that "smart insulin" may ease the burden on type 1 diabetes, a condition in which the body cannot produce insulin. Such people require frequent insulin shots to stabilize their blood glucose levels. However, this can be a difficult balancing act, as glucose levels can fluctuate throughout the day. Fluctuations can also be potentially dangerous, as they can lead to complications such as hypoglycemia (low blood glucose). A particular ongoing animal study is looking into the development of a new type of "smart insulin" that contains a "molecular switch", allowing it to directly respond to blood glucose levels, to bring them under control. When injected into diabetic mice, it was able to normalize their blood glucose levels when they were given glucose challenges (where mice are given a sugary drink) even as long as 13 hours after the initial injection. This suggests that the modified insulin could help with blood glucose control and have a long duration. Though promising, this research is in the very early stages. This modified insulin has so far only been tested in mice and it is far too early to know whether there could be a new insulin treatment available for type 1 diabetes.

### Conclusion

Though still in its early stages, the development of smart insulin could revolutionize the lives of people with type 1 diabetes. With further research and testing, we might one day see insulin that not only manages blood glucose levels more effectively but also reduces the risks of complications like hypoglycemia. For now, scientists continue to push the boundaries of diabetes care, offering hope for a more automated and safer future."

**YOU DON'T HAVE TO BE GREAT TO START, BUT YOU HAVE TO START  
TO BE GREAT"**



## One-Day Workshop on UV-Visible Spectroscopy and Photocolorimeter

Vaishnavi Institute of Pharmacy successfully organized a comprehensive One-Day Workshop focusing on "UV-Visible Spectroscopy and Photocolorimeter" for its final-year students of B Pharm. The technical training was specifically designed for 8th-semester students to bridge the critical gap between theoretical academic concepts and practical industrial applications.

The workshop was led by expert resource persons Dr. Shubha Shrivastava and Mrs. Kaushilya Verma. During the intensive sessions, students actively participated in interactive demonstrations and gained crucial practical knowledge alongside direct, hands-on experience operating the advanced instruments.

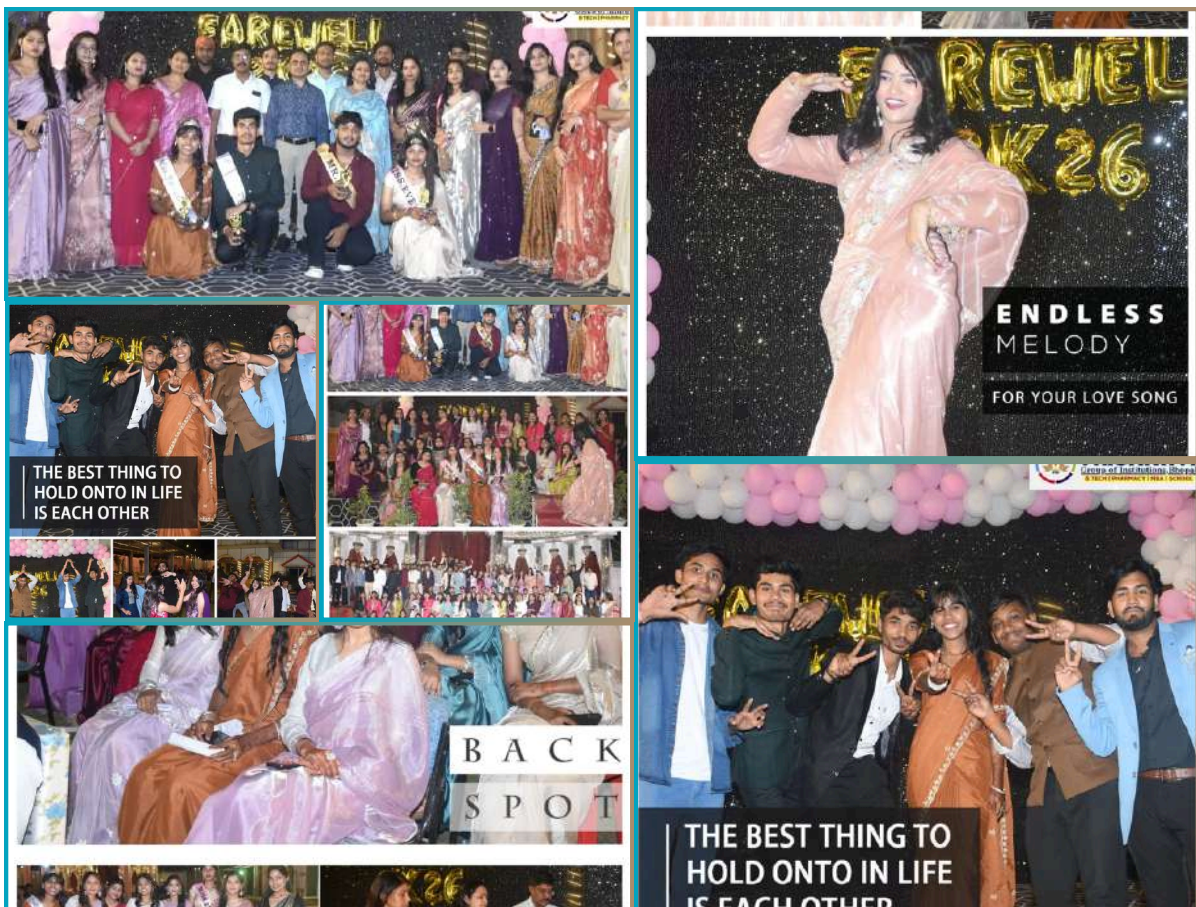
This technical training equips upcoming pharmacy graduates with essential analytical skills highly valued in the pharmaceutical industry's quality control (QC), quality assurance (QA), and research sectors. By mastering these instrumentation techniques, the students achieved the following competencies



## Vaishnavi Institute of Pharmacy Bids Emotional Farewell to B.Pharm. Batch of 2022-2026

The Vaishnavi Institute of Pharmacy organized a farewell ceremony for the graduating B.Pharmacy batch of 2022-2026, celebrating the successful completion of their four-year academic journey. The event began with a warm welcome to Principal Dr. Anil Sarathe and Dr. Shailendra Bindaiya, who congratulated the students and encouraged them to pursue excellence in their future careers.

To honor the outgoing batch, junior students presented cultural performances, nostalgic memories, and personalized mementos. The ceremony was filled with joy and emotion as graduates reflected on their campus experiences and prepared to embark on their professional journey in the healthcare sector.



## Vaishnavi Institute of Technology & Science Hosts a Grand Farewell for the B.Tech. Batch of 2022–2026

How lucky these seniors are that their juniors are finding it too tough to say GOOD BYE.

**BEST OF LUCK** one of the best batch VGI has ever had (2k26)

You have come here via a designed path but now you have to construct your path from here. We wish you an unprecedented success.



# Farewell

— PARTY —



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## VAISHNOTSAV 2K26 at Vaishnavi Group of Institutions

From vibrant campus vibes and endless laughter to electrifying performances and unforgettable concert nights, every moment became a memory to cherish forever.

VAISHNOTSAV was more than just a fest, it was a celebration of talent, friendship, energy, and togetherness. The crowd, the lights, the music, and the smiles made it truly magical.

A huge thank you to everyone who joined us and made this celebration bigger and brighter with your love and enthusiasm.

Stay tuned, many more exciting highlights and unforgettable moments are still on the way!



## The Sensational Ishita Vishwakarma LIVE at Vaishnotsav 2K26

One of the major highlights of Vaishnotsav 2K26, the annual cultural fest of Vaishnavi Group of Institutions, was the mesmerizing live performance by Ishita Vishwakarma. Her energetic stage presence, soulful voice, and captivating performance created an electrifying atmosphere that left the audience spellbound.

Students, faculty members, and guests gathered in large numbers to witness the musical extravaganza. The event was filled with enthusiasm, excitement, and unforgettable moments as the audience sang along and cheered throughout the performance. Ishita Vishwakarma's remarkable talent and engaging interaction with the crowd made the evening truly memorable



# VAISHNOTSAV 2k26 in Media

VAISHNOTSAV 2K26, the flagship annual fest of Vaishnavi Group of Institutions, garnered extensive media coverage across leading newspapers and digital news platforms. The event was widely appreciated for its grand scale, vibrant cultural programs, technical competitions, and enthusiastic student participation.

Various media outlets highlighted the successful organization of the fest, the remarkable performances by students, and the institution's commitment to promoting academic excellence alongside cultural development. Special attention was given to the star-studded musical evening featuring Ishita Vishwakarma, which attracted a large audience and added to the festive spirit of the celebration.

The positive media coverage not only showcased the achievements of the students and organizers but also enhanced the visibility and reputation of the institution. The widespread recognition received through print and digital media stands as a testament to the success of VAISHNOTSAV 2K26 and its impact on the academic and cultural community.

